

Process for Obtaining Approved Access to SMART Recovery Participants for the Purpose of Scientific Research

SMART Recovery is committed to supporting research about:

- Addictive behavior
- Recovery from problematic addictive behavior
- The SMART Recovery program

The interest in investigating SMART Recovery participants has increased substantially. To balance support for quality research without impeding the involvement of participants in SMART Recovery, we created a pre-approval process for all studies that seek to have access to SMART Recovery participants. The approval process is as follows:

1. Review the reference list below
2. Submit the documents listed below to the SMART Recovery National Office via christif@smartrecovery.org with specific details on the support that will be required for your research i.e. sharing of fliers, announcement to volunteers, etc.
 - a. A 1-2-page proposal of the background, significance, and specific aims of the project. Specifically highlighting how the proposed work adds to existing knowledge.
 - b. A list of investigators on the proposed project, along with their qualifications and affiliations
3. SMART Recovery National Office will submit all paperwork and required support details to Dr. A. Thomas Horvath and Dr. Timothy Eddy for SMART Recovery's internal scientific approval.
4. Once material has received SMART Recovery's internal scientific approval, executive director Mark Ruth will provide final internal approval before forwarding to SMART Recovery Research Director Julie Yeterian.
5. Upon pre-approval from Julie Yeterian, submit your proposal through your institution for International Review Board (IRB) approval.
6. Submit your final proposal, with the IRB approval, to the SMART Research Director and cc. christif@smartrecovery.org

Note: Researchers who wish to study SMART Recovery participants by other means (such as advertising or obtaining follow-up information from individuals discharged from treatment) are free to use these means.

Reference List

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Group Cohesion and Between Session Homework Activities Predict Self-Reported Cognitive-Behavioral Skill Use Amongst Participants of SMART Recovery Groups. Kelly PJ, Deane FP, Baker AL.