



## NEWS RELEASE

Contact: Mark Ruth, Executive Director  
440.477.8000 | [mruth@smartrecovery.org](mailto:mruth@smartrecovery.org)

### **Ground-Breaking Film on Addiction to Premiere on YouTube *Authentics* Highlights SMART Recovery Movement**

(Cleveland, OH, December 10, 2019)

When Hollywood portrays characters recovering from addictions, it almost always focuses on traditional 12-step programs. A new film changes the script.

Daniel Stine of Rising Act Films has written and directed *Authentics*, a fictional drama depicting individuals who overcome addiction using the *Self-Management and Recovery Training* (SMART), where cognitive-behavioral practices and practical experience combine to liberate individuals from their negative addiction spirals.

The worldwide premiere is this Wednesday on the SMART Recovery YouTube channel:

#### **Online Watch Party Details:**

- **Date/Time/Link:** Wednesday, 12/11/19, 8 pm ET, [Watch Authentics Premiere](#).
- **Registration:** No registration required.
- **To set reminder:** [Authentics Film reminder link](#).

During the premiere, members of SMART Recovery's National Office, SMART volunteers and community members across six continents, as well as the producer of the film, Daniel Stine, and lead actress, Haley Leary, will be live chatting and interacting with viewers.

Writer-director Stine says the self-empowerment techniques shared at these meetings are key features of SMART.

“Everyone has been touched by addiction in some way or another. SMART Recovery not only reveals the light at the end of the tunnel for those struggling, but it provides them with tangible and practical ways to get to that light.”

When asked why he decided to feature SMART Recovery in this film, Stine said: “SMART’s unique philosophy and hopeful approach to treating all types of addictive behavior deserve to be illuminated,” he said. “It’s been an amazing collaborative process with SMART, and it was a wonderful challenge to create a story inspired by their program.”

The SMART volunteer community, with thousands of free face-to-face and online mutual support meetings in the U.S. and across six continents, has announced that it will be the first of its kind to use streaming media as a complementary tool in its recovery efforts.

According to SMART Recovery’s President Bill Greer: “There is a large and growing generation of younger people struggling with addiction who consume the majority of their online information through video. Our goal is to supply them with free content they might find informative, motivational and inspirational as they heal.”

SMART Recovery’s YouTube channel has recently augmented its offering with content that features “Ted Talk” style presentations by addiction researchers and treatment professionals, and other videos that are recovery related.

***This film was made possible by the generous support of The Chris and Debbie Swain Charitable Foundation.***

###

SMART Recovery® (Self-Management and Recovery Training) is a global, nonprofit organization that helps people overcome problematic addictive behavior through free in-person and online meetings. Participants use SMART to assume responsibility for their recovery using its 4-Point Program®. These foundational principles are: building and maintaining motivation; coping with urges; managing thoughts, feelings and behaviors; and living a balanced life.

Founded in 1994, the organization uses science-based techniques that have proven to be effective in helping individuals overcome addiction to drugs, alcohol, and harmful activities such as gambling. SMART has been endorsed by the leading government and medical authorities in Australia, the UK, and U.S. Learn more: [www.smartrecovery.org](http://www.smartrecovery.org).