

SMART Recovery for Family & Friends is a FREE science-based program for people impacted by the addictive behavior of someone close to them. Our skills-based, solution-oriented approach offers helpful peer support to help you discover how you can encourage your Loved One to choose recovery.

Find us online:



www.smartrecovery.org/family

SMART Recovery Family & Friends

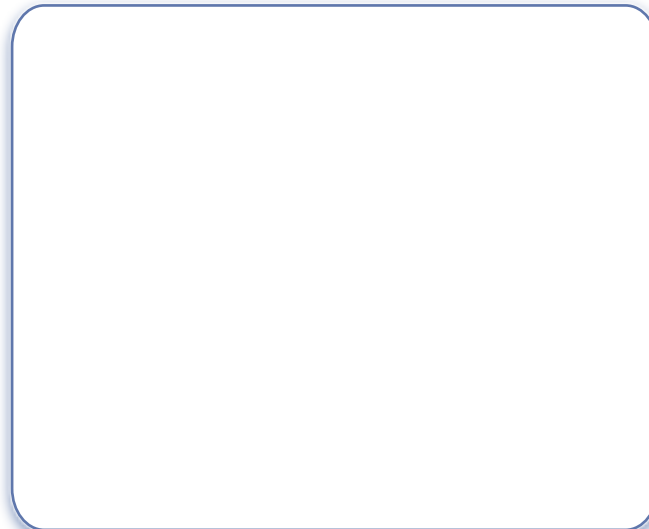
Has your life as a family member or friend of someone with an addiction become unmanageable?

Are you living on an emotional roller-coaster?

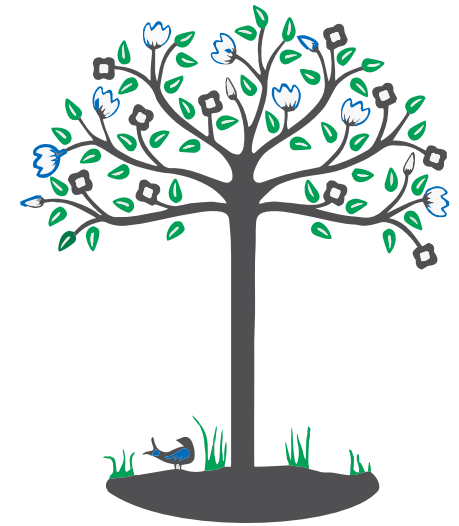
Learn the latest science- and evidence-based skills that you can use *today*, to create a *better tomorrow* for you and your Loved One.

It's true – using a unique blend of cognitive skills tools and the evidence-based strategies of CRAFT, the SMART Family & Friends program can help you regain your sanity and give you the skills you need to support recovery for your Loved One.

Your Local Family & Friends Meeting:



Family & Friends



for people affected by the addictive behavior of a loved one

"Discover the Power of Choice!"™

