



# Discover the Power of Choice

## Family & Friends meetings

Are you a family member or friend of someone with an addiction? Help yourself and help your loved one. SMART Recovery Family & Friends is a science-based, secular alternative or supplement to Al-Anon. Our method is based on the tools of SMART Recovery and CRAFT (Community Reinforcement and Family Training). Check us out online at [www.smartrecovery.org/resources/family.htm](http://www.smartrecovery.org/resources/family.htm) and see the difference for yourself.

## Local Meeting Information

### Central Office

SMART Recovery, 7304 Mentor Avenue, Suite F  
Mentor, OH 44060  
Tel: 440-951-5357 Toll free: 866-951-5357  
[www.smartrecovery.org](http://www.smartrecovery.org)

