



SMART Recovery's Purpose, Mission and Vision

Purpose: To help individuals gain independence from addictive behavior and lead meaningful and satisfying lives. To support the availability of choices in recovery.

Mission: To offer no-fee, self-empowering, science-based, face-to-face and online support groups for abstaining from any substance or activity addiction.

Vision: Think SMART Worldwide!

SMART Recovery 4-Point Program®

- ✦ **Point 1:** Building and Maintaining Motivation
- ✦ **Point 2:** Coping with Urges
- ✦ **Point 3:** Managing Thoughts, Feelings and Behaviors
- ✦ **Point 4:** Living a Balanced Life



SMART Recovery's Board of Directors

A. Thomas Horvath, **President**
La Jolla, CA

Brett Saarela, **Vice President**
Brooklyn, NY

Claire Saenz, **Secretary**
Wexford, PA

Joseph Gerstein, **Treasurer**
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Elaine Appel
Columbia, SC

Carl Cundall
Sheffield, England

Patrick Garnett
Chicago, IL

Roxanne Allen Sawchak
Midlothian, VA

Anthony Wales
North Sydney, Australia

Significant Achievements in 2014

- ✦ Automated online meeting verification system implemented
- ✦ SMART Celebrates 20th Anniversary!
- ✦ Continuing education credits available for Facilitator Distance Training
- ✦ Annual conference hosted at National Geographic World Headquarters
- ✦ Court Outreach video produced
- ✦ Family & Friends program picking up steam
- ✦ Overhaul of SMART Recovery access database by a SMART volunteer
- ✦ Brokerage account for donations established to accept stock transfers as donations
- ✦ Revamped QuickBooks accounting system to better track programs and services
- ✦ Board of Directors Strategic Planning Session
- ✦ Autumn Ridge Foundation funding promised to improve online meeting system and 24/7 chat room
- ✦ 5,000 likes on Facebook page
- ✦ Office of National Drug Control Policy/ATTC Webinar: An Introduction to Non-12-Step support
- ✦ Meetings worldwide total 1394
- ✦ Joseph Gerstein Award for Exemplary Service presented to Sherry, a.k.a. Admin Yesterdaywas Online
- ✦ Socializing policy established to encourage safe socialization amongst participants
- ✦ Veterans Administration Committee created

New/Revised Products in 2014

- ✧ Overcoming Addictions web course
- ✧ SMART Recovery Handbook available via E-book!
- ✧ Facilitators manual revisions commenced
- ✧ Eating Disorders forum added to SMART Recovery Online



Board and Central Office Updates

- ✧ Office expansion and renovations to accommodate growing staff and expansion of services
- ✧ Quarterly board meetings expanded to monthly meetings (in August)
- ✧ Assistant Executive Director position approved by Board

Volunteer Training

- ✧ Volunteer training scholarships established
- ✧ Distance Training enhanced to accommodate class size increases
- ✧ San Diego County authorized to conduct hosted meeting and to train hosts
- ✧ Onsite training Pennsylvania Department of Corrections and Advocate Treatment in Illinois

Events & Podcasts

- ✧ The science of Kindness and Change
- ✧ How to overcome addiction in one lesson
- ✧ Behavioral addictions – gambling and eating disorder
- ✧ Stanton Peele interviewed by Tom Horvath
- ✧ Event for volunteers using social media to spread the word about SMART in your community

Visit <http://smartrecovery.libsyn.com/> to enjoy the recordings

International Development

- ✧ Denmark government provides \$1.8 million to fund SMART program in Denmark
- ✧ SMART Recovery UK license agreement revoked
- ✧ UK SMART Recovery established
- ✧ SMART Recovery Ireland license agreement established
- ✧ Denmark agreement to translate SMART materials
- ✧ Translation agreements for Polish and Arabic
- ✧ Canadian publisher established for SMART publications to ease costs for Canadian volunteers and purchasers
- ✧ SMART Recovery Australia conducts survey of SMART Recovery participants
- ✧ SMART Recovery International Transition Team established

20th Anniversary Celebration

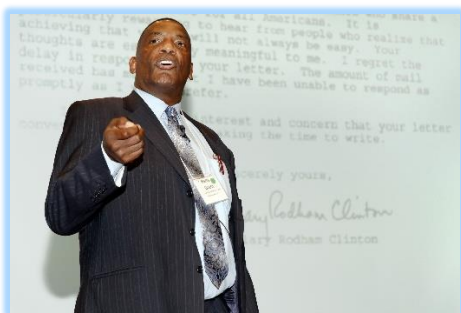
- ✧ Public Relations team established for 20th anniversary outreach
- ✧ Celebration at the Annual SMART Recovery Conference hosted at the National Geographic World Headquarters in Washington, DC

- ✦ Michael Botticelli, of the White House Office of National Drug Control Policy (ONDCP) provided welcome
- ✦ Director Botticelli presented a letter from President Obama acknowledging SMART Recovery to Tom Horvath, SMART President
- ✦ Recovery Advocacy Panel included Peter Gaumont, ONDCP, Steve Gumbley, Faces & Voices of Recovery, and Ivette Torres, SAMHSA



Financial Overview

Revenues	Expenses	Liabilities	Net Assets
\$615,767	\$812,369	\$28,815	\$129,676



Thank you to our Supporters, Volunteers and Program Participants!