SMART Recovery’s Purpose, Mission and Vision

**Purpose:** To help individuals gain independence from addictive behavior and lead meaningful and satisfying lives. To support the availability of choices in recovery.

**Mission:** To offer no-fee, self-empowering, science-based, face-to-face and online support groups for abstaining from any substance or activity addiction.

**Vision:** Think SMART Worldwide!

**SMART Recovery 4-Point Program®**

- **Point 1:** Building and Maintaining Motivation
- **Point 2:** Coping with Urges
- **Point 3:** Managing Thoughts, Feelings and Behaviors
- **Point 4:** Living a Balanced Life

**SMART Recovery’s Board of Directors**

A. Thomas Horvath, **President**
La Jolla, CA

Brett Saarela, **Vice President**
Brooklyn, NY

Bill Stearns, **Secretary**
Cincinnati, OH

Joseph Gerstein, **Treasurer**
Wayland, MA

Elaine Appel
Columbia, SC

Hank Robb
Lake Oswego, OR

Randy Lindel
Cambridge, MA

Roxanne Allen Sawchak
Midlothian, VA

Timothy Eddy
Swampscott, MA

Anthony Wales
North Sydney, Australia

**Significant Achievements in 2016**

- 2,000 worldwide meetings milestone - meetings grew to a total of 2,149 including 1,242 US meetings and 907 International meetings
- 2,477 individuals registered for SMART Recovery Online Facilitator Training
- Ongoing training/support for volunteers available via weekly SMART Meeting Management and Fresh Start meetings
- First board meeting held outside the US when SMART Recovery Board attended premiere, sold-out UK SMART Recovery Conference in Stoke-on-Trent, England
- SMART Recovery International Committee begins quarterly meetings to undertake formation discussions to create a new International oversight organization
Significant Achievements, continued

- Joe Gerstein, Past President of SMART Recovery, receives Harvard Humanist Award recognizing his work as Founding President and supporting SMART for over 20 years
- *Surgeon General’s Report on Alcohol, Drugs, and Health*, issued November 2016, includes several mentions of SMART Recovery
- Joseph Gerstein Award for Exemplary Service presented to John Boren, Past Board Member, Facilitator, Finance Committee Member and general SMART ambassador

Financial Overview

<table>
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<tr>
<th>Revenues</th>
<th>Expenses</th>
<th>Liabilities</th>
<th>Net Assets</th>
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Thank you to our supporters, volunteers and program participants!