



PRESENTS:

**First EVER
Online Anti-Procrastination
Mini-Workshop
featuring
Dr. Bill Knaus,
foremost expert in this field!**

ONLINE ANTI-PROCRASTINATION MINI-WORKSHOP

7:00 PM EDT

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|---------------------|---------------------|-------------------|
| July 1, 2011 | MAIN EVENT! | 3 hours |
| July 8 | Q&A | 20 minutes |
| July 15 | Q&A | 20 minutes |
| July 22 | Q&A | 20 minutes |
| July 29 | Booster Shot | 1 hour |

Info at: www.smartrecovery.org

And check out the SMART message boards AND

***Psychology Today, Science & Sensibility* column with Dr. Bill Knaus, too!**