Dear volunteers, participants and friends of SMART Recovery,

2011 -- SMART Recovery’s 17th year – continued to show substantial growth in US, internationally, and within our online meetings and activities.

While it has been a long time coming, more and more treatment professionals are recommending SMART Recovery to their clients, and more and more people are finding SMART Recovery via website searches. Be sure to check out our new/improved website at www.smartrecovery.org. We are very proud of the new look, simplicity of locating information, and the improved “searchability”.

Our greatest strength continues to be the volunteers who tirelessly serve the organization, and the participants who benefit from the meetings and online services. Thanks to the growing number of you for helping to carry forward this important program!

With sincere thanks,

A. Thomas Horvath
President, SMART Recovery

SMART Recovery Purpose, Mission and Vision

**Purpose:** To help individuals gain independence from addictive behavior and lead meaningful and satisfying lives. To support the availability of choices in recovery.

**Mission:** To offer no-fee, self-empowering, science-based, face-to-face and online support groups for abstaining from any substance or activity addiction.

**Vision:** Think SMART Worldwide!

About SMART Recovery

SMART Recovery supports individuals who desire to abstain or are considering abstinence from any substance or activity addiction. SMART Recovery is almost entirely operated by volunteers, whose primary activities are facilitating face-to-face and online meetings, and providing additional recovery support via the SMART Recovery website, message boards, and chat room. SMART Recovery began operating under its current name in 1994 and is a growing presence nationally and internationally, with over 667 worldwide community and correctional setting meetings, and daily online meetings. www.smartrecovery.org.

Programs

The SMART Recovery 4-Point Program® is delivered via four primary vehicles: Face-to-Face community meetings; InsideOut™ Correctional Facility meetings; other correctional meetings; and daily online activities, including: text and voice meetings; online Message Board discussions, and a 24/7 chat room. In addition, a number of publications which support the program concepts are available through the Central Office.
Milestones

- EAP Think Big Project – SMART and other alternative recovery organizations represented in materials distributed to behavioral health clinicians for referrals to self-help programs.
- EAP BIG project webinar representing a variety of recovery organizations presented to EAP staff.
- SMART Recovery blog began: http://blog.smartrecovery.org/.
- John Kelly, PhD, appointed as SMART Recovery Research Director; Julie Yeterian, appointed as Assistant Research Director.
- Distance Training now delivered via online Moodle platform in order to accommodate monthly Distance Training programs.
- Research by Deirdre O'Sullivan, Penn State University to assess self stigma, locus of control, help seeking, self-efficacy, and satisfaction with life among AA and SMART members.
- Publication of the SMART Recovery Motivational Guide & Workbook for Healthcare Professionals.
- SMART Recovery presentation at Recovery Schools Annual Meeting, Cleveland, July 2011.
- SMART Recovery Massachusetts celebrates its 14,000th group meeting.
- SMART Recovery Australia pilots Be SMART: Family and Carer’s Program.
- SMART Recovery groups in Australia grow from 32 in 2007 to 90 in 2011.
- SMART Recovery UK develops partnership model to partner with treatment centers to train to begin meetings in their centers, as well as to support local peer-led meetings.
- Annual Survey redesigned to learn more about program participants – 483 participants responded to survey.
- InsideOut®: A SMART Recovery Correctional Program ownership transferred from Inflexxion, Inc. to SMART Recovery.
- Annual Conference hosted in October in Baltimore, MD.
- New effort to have facilitators “pass the hat/pass the brochure” – hand out a brochure in addition to passing the hat to increase awareness of the program.
- Handbook translated into Danish and available in bookstore.
- Court outreach team established to help increase awareness and referrals to SMART Recovery.
- As of 12/31/11, there were 667 SMART Recovery meetings worldwide.
Committees/Boards/Teams

Annual Conference Team  Nominating Committee
Board of Directors  Regional Coordinators
Community Relations/Social Networking Team  Research Director
Court Outreach Team  Scientific Developments Committee
Distance Training Team  SMART Recovery Online Leadership Committee
Document Update Team  SMART Recovery Online Fundraising Committee
Finance Committee  Survey Team
International Advisory Council
Materials Review Committee

Fiscal

Federal Identification Number: 52-1811500. SMART Recovery files an IRS Form 990 and is a 501(c)(3) public charity.

Financial Snapshot for 2011 Fiscal Year (January 1 – December 31):

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<th>Revenues</th>
<th>Expenses</th>
<th>Liabilities</th>
<th>Net Assets</th>
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<td>$266,157</td>
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Financial Summary Statement

SMART Recovery is seeking funds from contributions and grants. These funds will be used for unrestricted operating expenses and special projects.
SMART Recovery 2011 Board of Directors:

Thomas Horvath, Ph.D., PRESIDENT
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Anthony Wales, Sydney, NSW, Australia

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University of Pennsylvania

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Brown University

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