

## **Checklist of what to bring to Host a SMART Recovery Discussion Meeting**

Your smile!

The script (and extra copies to give to individuals who show promise of becoming hosts)

Discussion meeting exercises 1 and 2 (and extra copies to give to individuals who show promise of becoming hosts)

Multiple copies of the Handout, for each participant. Pass them out before the meeting.

Multiple copies of the Feedback Form. Pass them out at the end, then collect them.

Large manila envelope, or file folder, in which to collect the feedback forms.

Small sign with the URL for the online version of the feedback form (or write it someplace in your meeting room).

<http://svy.mk/1Hqj2HD>

The phone number to a local suicide hotline (or be able to tell someone how to find it).

A pen to sign court cards (if anyone requests verification of attendance). Simply write in (the forms vary but this info is typical):

SMART Recovery, location, date and time, and your initials

### **Optional:**

A SMART Recovery Hat (for "Pass the Hat")

SMART Recovery Handbooks (to sell to participants; order from the website)